

Entry type: Resource  
Entry ID: AWP005588

# A lifetime of meditative walking has borne abundant strategic fruit

Type	Article
Author	Lamont, Leonie
In	<i>Sydney Morning Herald</i>
Imprint	Fairfax Media 2011
URL	<a href="http://www.smh.com.au/business/a-lifetime-of-meditative-walking-has-borne-abundant-strategic-fruit-20111111-1nbsn.l">http://www.smh.com.au/business/a-lifetime-of-meditative-walking-has-borne-abundant-strategic-fruit-20111111-1nbsn.l</a>

Author Details  
Nikki Henningham

Created 11 February 2026  
Last modified 11 February 2026