

# The Australian Women's Register

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**Entry type:** Person  
**Entry ID:** AWE2262

## Trickett, Lisbeth (Libby) Constance

(1985 - )

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**Born** 19850128, Townsville Queensland Australia

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**Occupation** Commonwealth or Empire Games Gold Medalist, Olympian, Swimmer

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### Summary

Libby Lenton's competitive swimming career was launched in 2003 at the Telstra Australian Championships when she broke the Australian record for the 50m freestyle. She broke her own record later that year, becoming the first Australian woman to swim the distance in less than 25 seconds. She set Commonwealth and Australian records in the 50m and 100m freestyle at the FINA World Cup and was named Australian Swimming Discovery of the Year.

By 2004, Lenton was a dual Olympic medallist, winning gold in the 4x100m freestyle relay with Alice Mills, Petria Thomas and Jodie Henry, and bronze in the 50m freestyle. At the Telstra Trials in Sydney, preceding the Olympics, she broke the 100m freestyle world record with a time of 53.66. In 2006, Libby Lenton won five gold and two silver medals at the Commonwealth Games in Melbourne. That year she broke the world record for the 100m freestyle at the Telstra Trials (also in Melbourne). She won five gold medals and one silver at the 2006 World Short Course in Shanghai, becoming the World Short Course record holder in the 100m and 200m freestyle and 100m butterfly.

### Events

#### 2008 - 2008

Swimming – 100m Butterfly

#### 2008 - 2008

Swimming – 100m freestyle

#### 2004 - 2004

Swimming – 4 x 100m Freestyle Relay

#### 2008 - 2008

Swimming – 4 x 100m freestyle relay

#### 2008 - 2008

Swimming – 4 x 100m Medley Relay

#### 2006 - 2006

Swimming – 50m and 100m Freestyle, 4 x 100m Freestyle Relay, 4 x 200m Freestyle Relay, 4 x 10m Medley Relay

#### 2004 - 2004

Swimming – 50m Freestyle

## Published resources

### Sound recording

Libby Lenton sets new world mark for 100m freestyle, Nick McKenzie, 2006,  
<http://www.abc.net.au/am/>

### Site Exhibition

She's Game: Women Making Australian Sporting History, Australian Women's Archives Project, 2007,  
<http://www.womenaustralia.info/exhib/sg/sport-home.html>

### Resource

Trove, National Library of Australia, 2009

### Author Details

Barbara Lemon

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